



## CANDIDATE PHYSICAL ABILITY TEST MENTORING SCHEDULE

Your participation in these mentoring sessions is completely optional, but highly recommended for success in passing of the CPAT. Mentoring will be conducted on the dates and times listed below. Candidates are to sign up for only ONE time slot each day by accessing Sign-Up Genius at: <http://www.signupgenius.com/go/30e0a4ea9ac2cabff2-cpat1>. Any issues or questions in self-scheduling for the sessions should be sent via email to [CPAT@frederickcountymd.gov](mailto:CPAT@frederickcountymd.gov). To attend a second time slot for the same day; candidates may go to the session, but will only be able to participate if there is a slot open due to someone cancelling.

### **March 2017**

DATE	TIME	TIME
March 21 (Tuesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
March 25 (Saturday)	7:30 – 8:30 am	8:30 – 9:30 am
March 29 (Wednesday)	6:30 – 7:30 pm	7:30 – 8:30 pm

### **April 2017**

DATE	TIME	TIME
April 1 (Saturday)	7:30 – 8:30 am	8:30 – 9:30 am
April 4 (Tuesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
April 5 (Wednesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
April 8 (Saturday)	7:30 – 8:30 am	8:30 – 9:30 am
April 11 (Tuesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
April 12 (Wednesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
April 15 (Saturday)	7:30 – 8:30 am	8:30 – 9:30 am
April 18 (Tuesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
April 19 (Wednesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
April 22 (Saturday)	7:30 – 8:30 am	8:30 – 9:30 am
April 25 (Tuesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
April 26 (Wednesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
*April 29 (Saturday)	Multiple times available (TRIAL RUN TEST DATE)	

### **May 2017**

DATE	TIME	TIME
May 2 (Tuesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
May 3 (Wednesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
*May 6 (Saturday)	Multiple times available (TRIAL RUN TEST DATE)	
May 9 (Tuesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
May 10 (Wednesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
May 13 (Saturday)	7:30 – 8:30 am	8:30 – 9:30 am
May 16 (Tuesday)	6:30 – 7:30 pm	7:30 – 8:30 pm
May 17 (Wednesday)	6:30 – 7:30 pm	7:30 – 8:30 pm

**TRIAL RUN TEST DATE:** There are two (2) trial run test dates available – Saturday, April 29, 2017 and Saturday, May 6, 2017. Multiple time slots will be available for these timed trial run opportunities. A pass on a trial run date will qualify as an official pass; however, if you are unsuccessful in completing the trial run within the time limit, it does not count against you and you will be able to try again on the next trial run date or at your official CPAT test date (NOTE: Regular mentoring sessions are not available on these two trial run test dates).

**Official CPAT Test/Interview Dates:** May 16 thru May 24, 2017. Instructions will be provided at a later date to sign up for a date and time. Even if you passed CPAT during a trial run test date or another jurisdiction and submitted a CPAT Certificate, you will need to schedule your interview.

**To participate in mentoring sessions you must:**

1. Bring your photo driver's license.
2. For first session only-- Bring all required forms – fully completed – that were provided to you at the CPAT orientation meeting:
  - Doctor's Certification of Fitness to Perform Candidate Physical Ability Test
  - Legal Waiver Form
  - CPAT Personal Information Sheet
  - CPAT Test Agreement
  - Heat Acclimatization Form

NOTE: These forms are also available online as fillable forms at:  
[www.frederickcountymd.gov/1335/Want-a-Career-in-the-FireRescue-Service](http://www.frederickcountymd.gov/1335/Want-a-Career-in-the-FireRescue-Service)
3. Bring your CPAT Preparation Guide
4. Wear appropriate clothing:
  - Long pants (no shorts allowed)
  - Athletic shoes
  - Appropriate shirts
5. Bring hydrating beverage for yourself (e.g. water, power drink, etc.). Water will also be provided on-site.
6. BE ON TIME!!!

**In the event of inclement weather, call 301-600-2545 to receive Frederick County Public Safety Training Facility cancellation information.**